

# **INTEGRATING PATIENT PREFERENCE INTO TREATMENT DECISIONS FOR ADVANCED PROSTATE CANCER**

**Dr. Alicia K. Morgans, MD, MPH**  
Dana-Faber Cancer Institute, Boston, MA, USA

**DECEMBER 2021**

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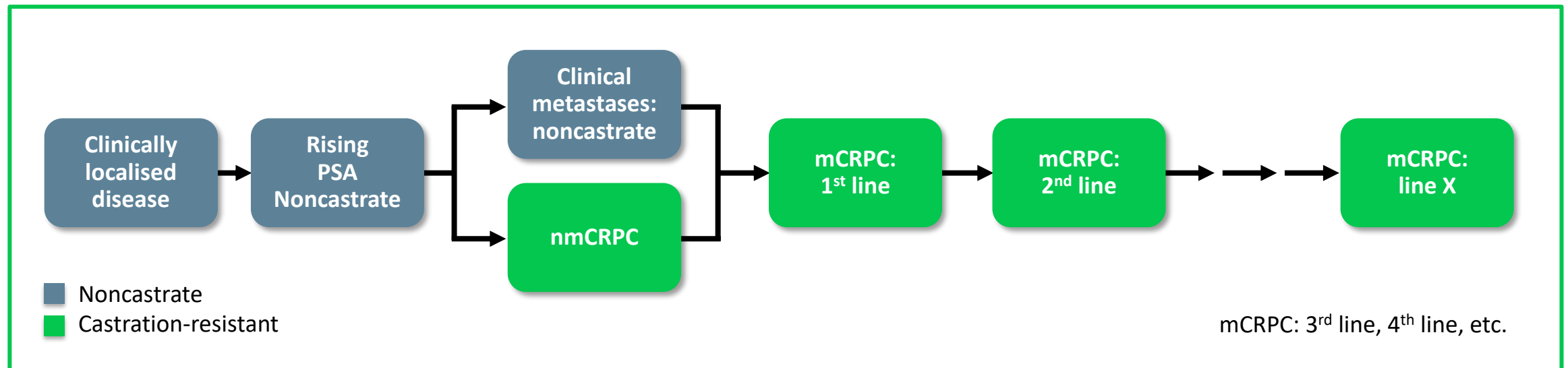
This content is supported by an independent educational grant from Bayer.

**Dr. Alicia K. Morgans** has received financial support/sponsorship from the following companies:

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- Research collaborations/Grants: Astellas, Bayer, Myovant, Sanofi, Seattle Genetics

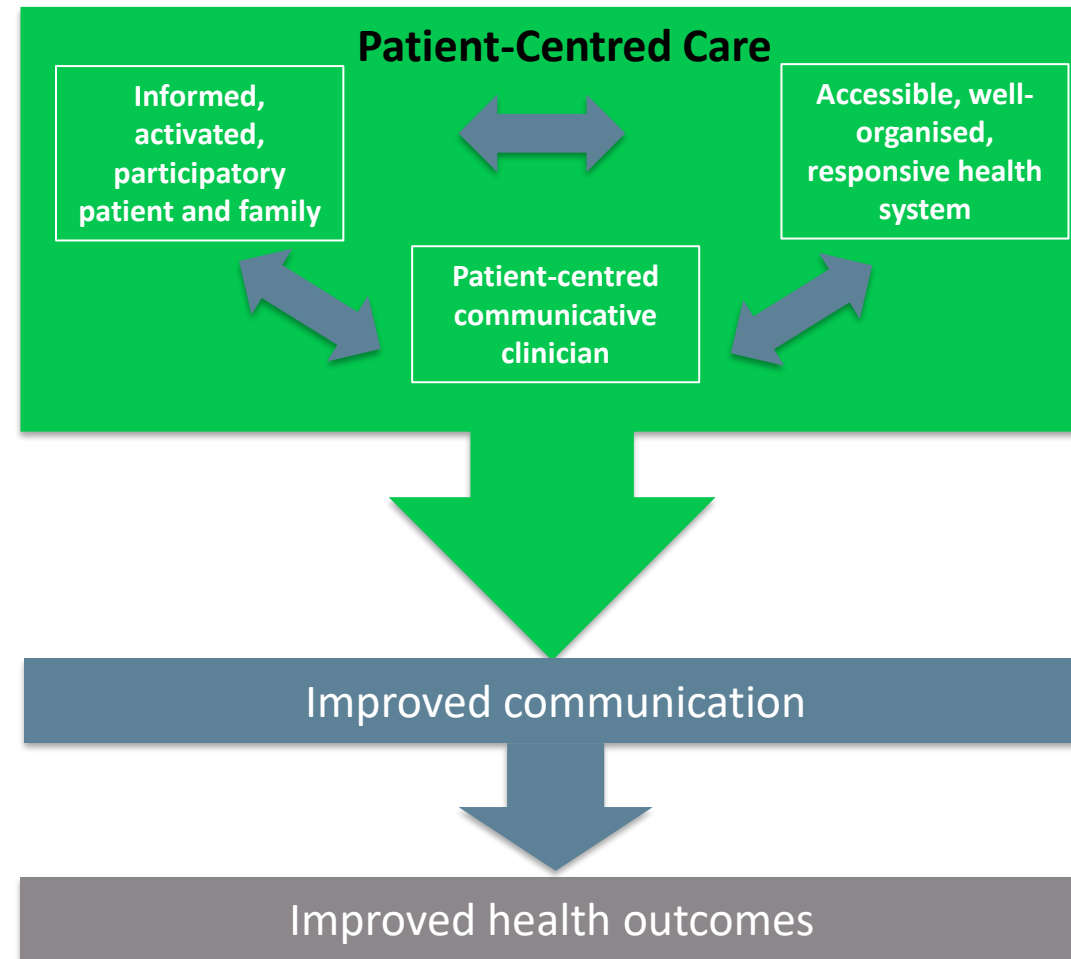
## What is advanced prostate cancer?

- Castration-resistant prostate cancer (CRPC) is a form of advanced prostate cancer. CRPC means the prostate cancer is growing or spreading even though testosterone levels are low from hormone therapy

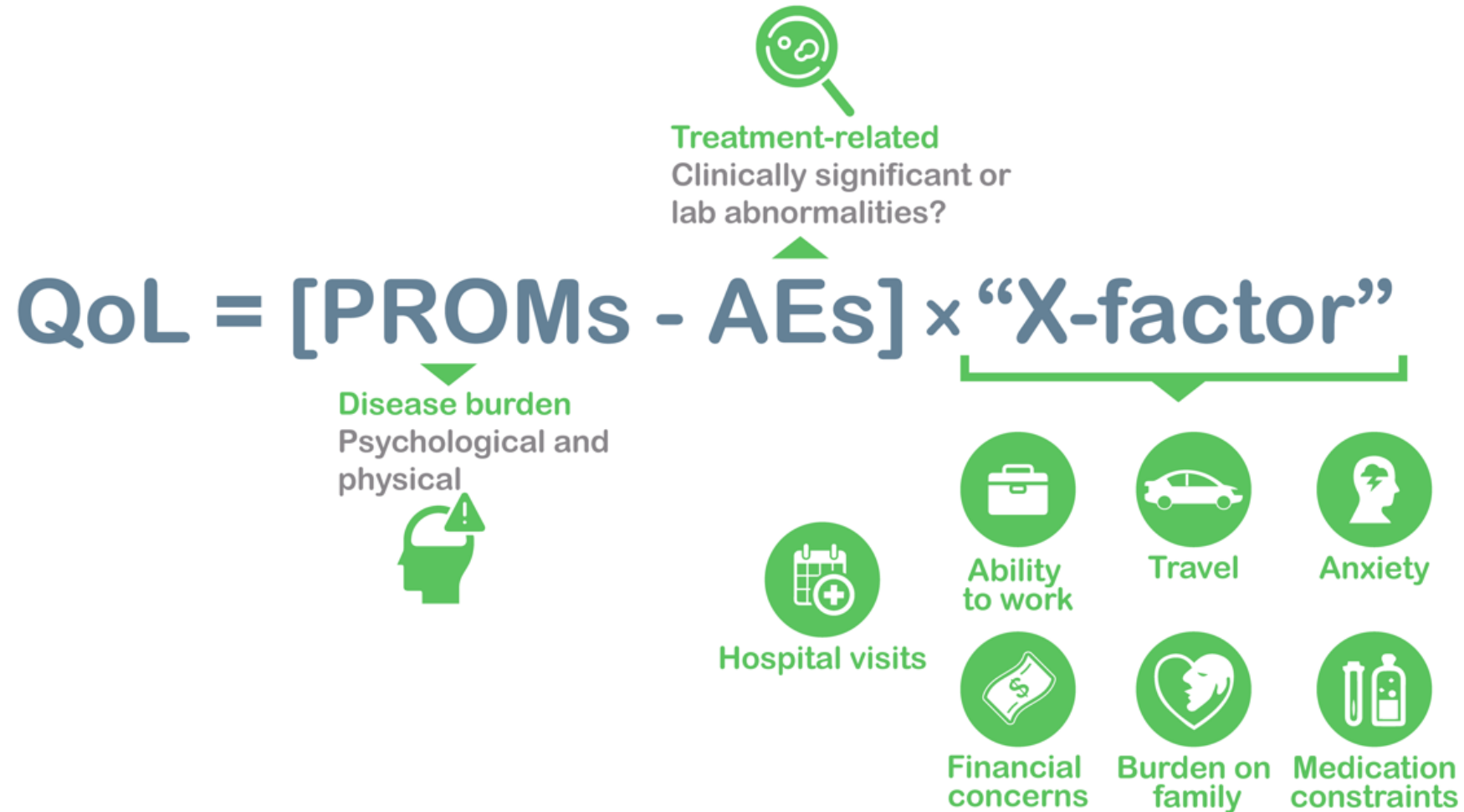


# PATIENT-CENTRED CARE CAN IMPROVE OUTCOMES

- Patient satisfaction
- Adherence to treatment plans
- Clinical outcomes
  - Pain
  - Psychological distress
  - Quality of life
  - Disease-specific outcomes



# WHAT CONTRIBUTES TO QoL?



# TREATMENT IS ASSOCIATED WITH MAINTENANCE OF HRQoL

- **SGARIs prolonged survival while maintaining HRQoL.** No treatment-induced deterioration in overall QoL as measured by FACT-P total score
- Delay in time to deterioration was also observed in some items evaluated

Study/SGARI	QoL Instrument	Median time to deterioration, Mo (95% CI)		P-value
		SGARI	Placebo	
SPARTAN <sup>1</sup> (apalutamide)	FACT-P total score	6.6 (5.6-8.3)	8.4 (6.5-12.9)	0.60
	FACT-P PCS	3.8 (3.7-4.7)	3.8 (2.9-4.8)	0.60
PROSPER <sup>2</sup> (enzalutamide)	FACT-P total score	22.11 (18.63-25.86)	18.43 (14.85-19.35)	0.037
	FACT-P PCS	18.43 (14.85-18.66)	14.69 (11.07-16.20)	0.0042
	EORTC QLQ-PR25 Urinary	36.86 (33.35-NR)	25.86 (18.53-29.47)	<0.0001
	EORTC QLQ-PR25 Bowel	33.15 (29.50-NR)	25.89 (18.43-29.67)	0.0018
ARAMIS <sup>3</sup> (darolutamide)	FACT-P PCS	11.07 (11.04-11.14)	7.88 (7.46-11.07)	0.0005
	EORTC QLQ-PR25 Urinary	25.8 (22.0-33.1)	14.8 (11.2-15.1)	<0.0001
	EORTC QLQ-PR25 Bowel	18.4 (14.8-18.5)	11.5 (11.1-14.8)	0.0027

# ADVERSE EVENTS IN nmCRPC

Safety	SPARTAN <sup>1,2</sup>		PROSPER <sup>3</sup>		ARAMIS <sup>4</sup>	
	APA (N=803)	PBO (N=398)	ENZA (N=930)	PBO (N=465)	DARO (N=954)	PBO (N=554)
Any AE, n (%)	781 (97)	373 (94)	876 (94)	380 (82)	818 (85.7)	439 (79.2)
Any serious AE, n (%)	290 (36)	99 (25)	372 (40)	100 (22)	249 (26.1)	121 (21.8)
AE leading to discontinuation, %	120 (15)	29 (7.3)	158 (17.0)	41 (9.0)	85 (8.9)	48 (8.7)
AE leading to death, n (%)	24 (3.0)	2 (0.5)	51 (5.0)	3 (1.0)	38 (4.0) <sup>c</sup>	19 (3.4) <sup>c</sup>
AE (all grades), %						
Fatigue	33	21	37	16	13.2	8.3
Hypertension	28	21	18	6	7.8	6.5
Rash	26	6.3	4	3	3.1	1.1
Falls	22	9.5	18	5	5.2	4.9
Fractures	18	7.5	18	6	5.5	3.6
Mental impairment disorder <sup>a</sup>	5.1 <sup>b</sup>	3.0 <sup>b</sup>	8	2	2.0	1.8

<sup>a</sup> SPARTAN: disturbance in attention, memory impairment, cognitive disorder and amnesia; PROSPER: disturbance in attention, cognitive disorders, amnesia, alzheimer's disease, mental impairment, dementia, vascular dementia and senile dementia; ARAMIS trial: MedRA High Level Group Term; <sup>b</sup> Data taken from first interim analysis as not reported in final analysis<sup>1</sup>; <sup>c</sup> reported as grade 5 adverse event

Presented for information, safety comparisons across trials should not be made

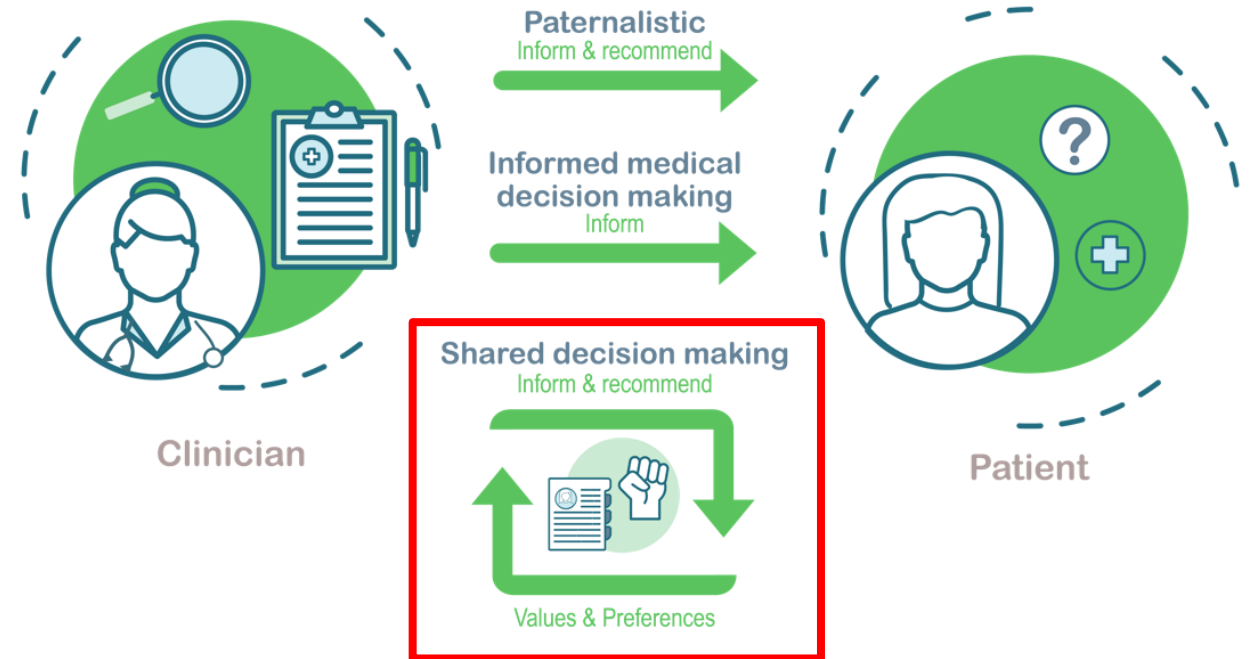
AE, adverse event; APA, apalutamide; DARO, darolutamide; ENZA, enzalutamide; nmCRPC, nonmetastatic castration-resistant prostate cancer; PBO, placebo

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# OTHER PATIENT FACTORS MUST ALSO GUIDE TREATMENT CHOICE

- Patient preferences critical, especially in settings of multiple treatment options
- Preferences may relate to obligations at home or work, past experiences, fears, cost of care, and others
- Pain and other symptoms that could prompt palliative radiation or other specialty care should also be discussed

## Types of Decision Making





# DRUGS FOR CV INDICATIONS AND THEIR METABOLIC PATHWAYS

Drug Class	Drugs	Indications	Metabolic Pathway	Management of Interaction
<b>Anti-coagulant</b>	rivaroxaban	Stroke; embolism prophylaxis; DVT	CYP3A4 and P-gp substrate	Avoid apalutamide; reduced rivaroxaban exposure
	dabigatran	Stroke; embolism prophylaxis; DVT	P-gp substrate	Avoid apalutamide; reduced dabigatran exposure
	apixaban	Stroke; embolism prophylaxis; DVT	CYP3A4 and P-gp substrate	Avoid apalutamide; reduced apixaban exposure; increased risk of stroke
	heparin	DVT; arterial thromboembolism	RES	NA
	warfarin	Prophylaxis of thromboembolism	CYP2C9 and CYP3A4	Strong potential for apalutamide and enzalutamide to reduce warfarin exposure
<b>Anti-platelet agent</b>	clopidogrel	Arterial thromboembolism prophylaxis; MI; unstable angina; TIA	CYP2C8 inhibitor, CYP2C19	Monitor for increased apalutamide-related AEs; avoid coadministration with enzalutamide due to increased prasugrel exposure
	prasugrel	Arterial thromboembolism prophylaxis; MI; unstable angina	CYP3A4 and CYP2B6 substrate	None noted
	ticagrelor	Arterial thromboembolism prophylaxis in patients with ACS	CYP3A4 substrate	Avoid apalutamide or enzalutamide coadministration due to decreased ticagrelor exposure
<b>ACE inhibitor</b>	captopril	HTN; heart failure	Hepatic, renal, P-gp inhibitor	NA
	enalapril	HTN	Renal	NA
	lisinopril	HTN; heart failure	Renal	NA
	perindopril	HTN	Hepatic, renal	NA
<b>Angiotensin receptor blocker</b>	candesartan	HTN; heart failure	Renal, fecal	NA
	losartan	HTN; stroke prophylaxis in patients with LVH; heart failure	CYP2C9, CYP3A4 substrate	NA
	valsartan	HTN; heart failure; reduction of mortality in patients with LVD or LVH following MI	CYP2C9 substrate	NA
<b>Beta-blocker</b>	atenolol	HTN; angina; acute MI	Renal, faecal	NA
	propranolol	HTN; angina; heart rate control	CYP2C19, CYP2D6, CYP1A2, P-gp substrate	Monitor for reduced effect if apalutamide or enzalutamide coadministered
	sotalol	Maintenance of normal sinus rhythm; ventricular arrhythmias; AF prophylaxis	Renal	NA
	metoprolol	Angina; HTN; heart failure; MI; heart rate control	CYP2D6 substrate	NA
	carvedilol	HTN; heart failure; reduction of mortality in patients with LVD following MI, angina, heart rate control	CYP2D6 substrate; CYP2C9, CYP3A4, CYP2C19, CYP1A2, CYP2E1, P-gp substrate and inhibitor	Monitor for decreased efficacy if apalutamide coadministered

ACS, acute coronary syndrome; AEs, adverse events; AF, atrial fibrillation; CV, cardiovascular; CYP, cytochrome; DVT, deep vein thrombosis; HTN, hypertension; LVD, left ventricular dysfunction; LVH, left ventricular hypertrophy; MI, myocardial infarction; NA, not applicable; P-gp, P-glycoprotein; RES, reticuloendothelial system; TIA, transient ischaemic attack  
Morgans AK, et al. Urol Oncol. 2021;39(1):52-62

# KEY PHASE 3/4 TRIALS IN mCRPC

## OVERALL SURVIVAL RESULTS

Study	Treatments	N	Population	HR	95% CI; p value
<b>TAX 327<sup>1</sup></b>	Docetaxel <sup>a</sup> /prednisone vs mitoxantrone/prednisone	1,006	mCRPC	0.76	0.62-0.94; p=0.009
<b>TROPIC<sup>2</sup></b>	Cabazitaxel/prednisone vs mitoxantrone/prednisone	755	mCRPC (post docetaxel)	0.70	0.59-0.83; p<0.0001
<b>COU-AA-301<sup>3</sup></b>	Abiraterone/prednisone vs placebo/prednisone	1,195	mCRPC (post docetaxel)	0.74	0.64-0.86; p<0.0001
<b>COU-AA-302<sup>4</sup></b>	Abiraterone/prednisone vs placebo/prednisone	1,088	mCRPC (chemotherapy naive)	0.81	0.70-0.93; p=0.0033
<b>PREVAIL<sup>5</sup></b>	Enzalutamide vs placebo	1,717	mCRPC (pre chemotherapy)	0.71	0.60-0.84; p<0.001
<b>AFFIRM<sup>6</sup></b>	Enzalutamide vs placebo	1,199	mCRPC (post docetaxel)	0.63	0.53-0.75; p<0.001
<b>ALSYMPCA<sup>7</sup></b>	Radium-223 vs placebo	921	mCRPC	0.70	0.58-0.83; p<0.001
<b>IMPACT<sup>8</sup></b>	Sipuleucel-T vs placebo	512	mCRPC (pre chemotherapy <sup>b</sup> )	0.78	0.61-0.98; p=0.03
<b>CARD<sup>9</sup></b>	Cabazitaxel/prednisone vs ASTI <sup>c</sup>	255	mCRPC (post docetaxel and post abiraterone or enzalutamide)	0.64	0.46-0.89; p=0.008
<b>PROfound<sup>10</sup></b>	Olaparib vs ASTI <sup>c</sup>	387	mCRPC with HRR mutations (post abiraterone or enzalutamide or both. Previous taxane chemotherapy <sup>d</sup> was allowed)	0.69 <sup>e</sup>	0.50-0.97; p=0.02
<b>VISION<sup>11</sup></b>	<sup>177</sup> Lu-PSMA-617 + SOC vs SOC <sup>f</sup>	831	PSMA-positive mCRPC previously treated with next-generation androgen receptor signaling inhibition and 1–2 taxane regimens	0.62	0.52-0.74; p<0.001

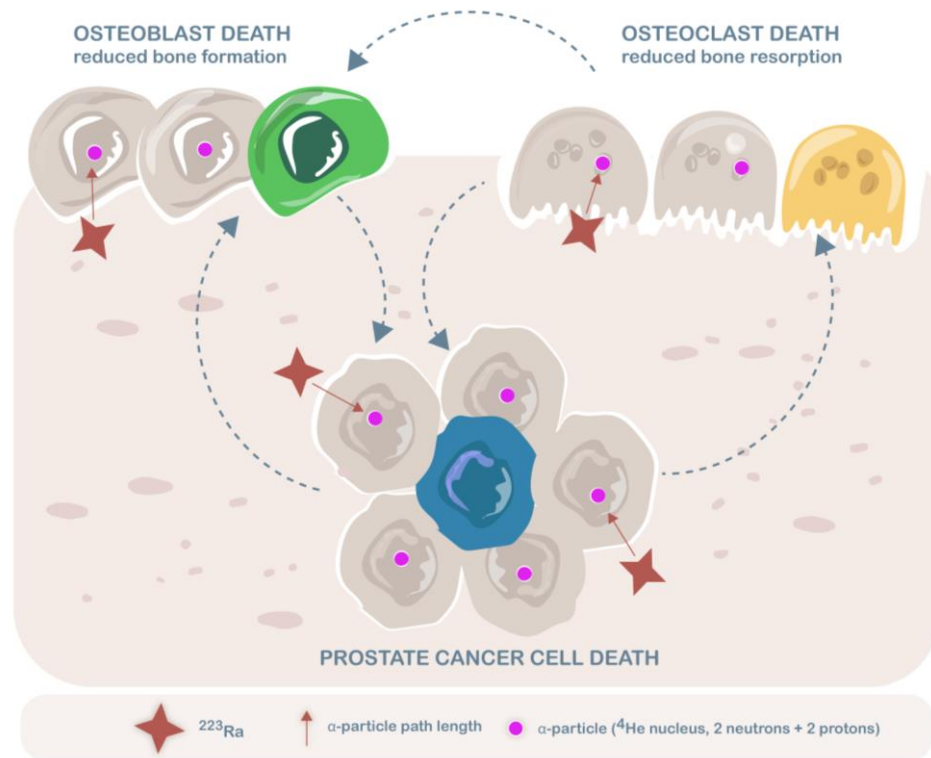
<sup>a</sup> 3-weekly docetaxel cycle; <sup>b</sup> 18.2% had received previous treatment with chemotherapy; <sup>c</sup> enzalutamide or abiraterone plus prednisone; <sup>d</sup> approximately 65% of patients had previously received taxanes; <sup>e</sup> Results for cohort A of study: patients with alterations in *BRCA1*, *BRCA2*, *ATM*; <sup>f</sup> SOC was investigator determined but excluded cytotoxic chemotherapy and radium-223

ASTI, androgen signaling targeted inhibitor; ATM, ataxia telangiectasia mutated; BRCA1/2, breast cancer 1/2; CI, confidence interval; HR, hazard ratio; HRR, homologous recombination repair; mCRPC, metastatic castration-resistant prostate cancer; PSMA, prostate-specific membrane antigen; SOC, standard of care

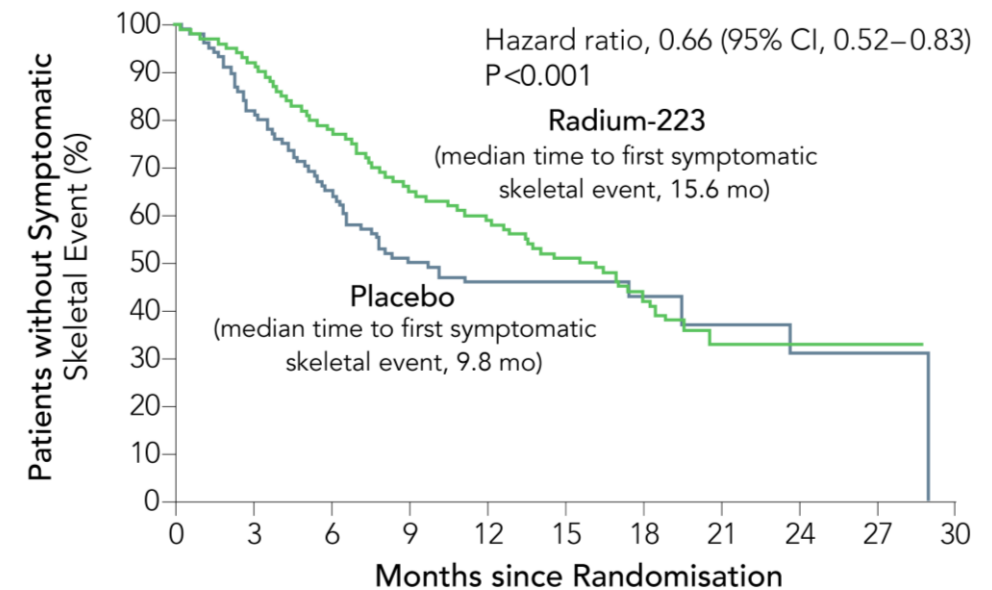
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# SYMPTOM MANAGEMENT: FOCUS ON PAIN

## MECHANISM OF ACTION OF RADIUM-223



## TIME TO FIRST SKELETAL EVENT



No. at Risk  
Radium-223  
Placebo

	614	496	342	199	129	63	31	8	8	1	0
	307	211	117	56	36	20	9	7	4	1	0

# CONCLUSIONS

- Involving patients in shared decision making for treatment of advanced prostate cancer is critical
- Patient preferences for quality-of-life outcomes and medication-related factors must be considered
- Optimise comorbidity management via engagement with specialists and primary care teams, and remember drug-drug interactions
- Pain is a top priority for patients and should be addressed via treatment of the cancer or use of other strategies (pain medications, palliative radiation, etc)

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GU CONNECT  
Bodenackerstrasse 17  
4103 Bottmingen  
SWITZERLAND

**Dr. Froukje Sosef MD**

+31 6 2324 3636

froukje.sosef@cor2ed.com

**Dr. Antoine Lacombe Pharm D, MBA**

+41 79 529 42 79

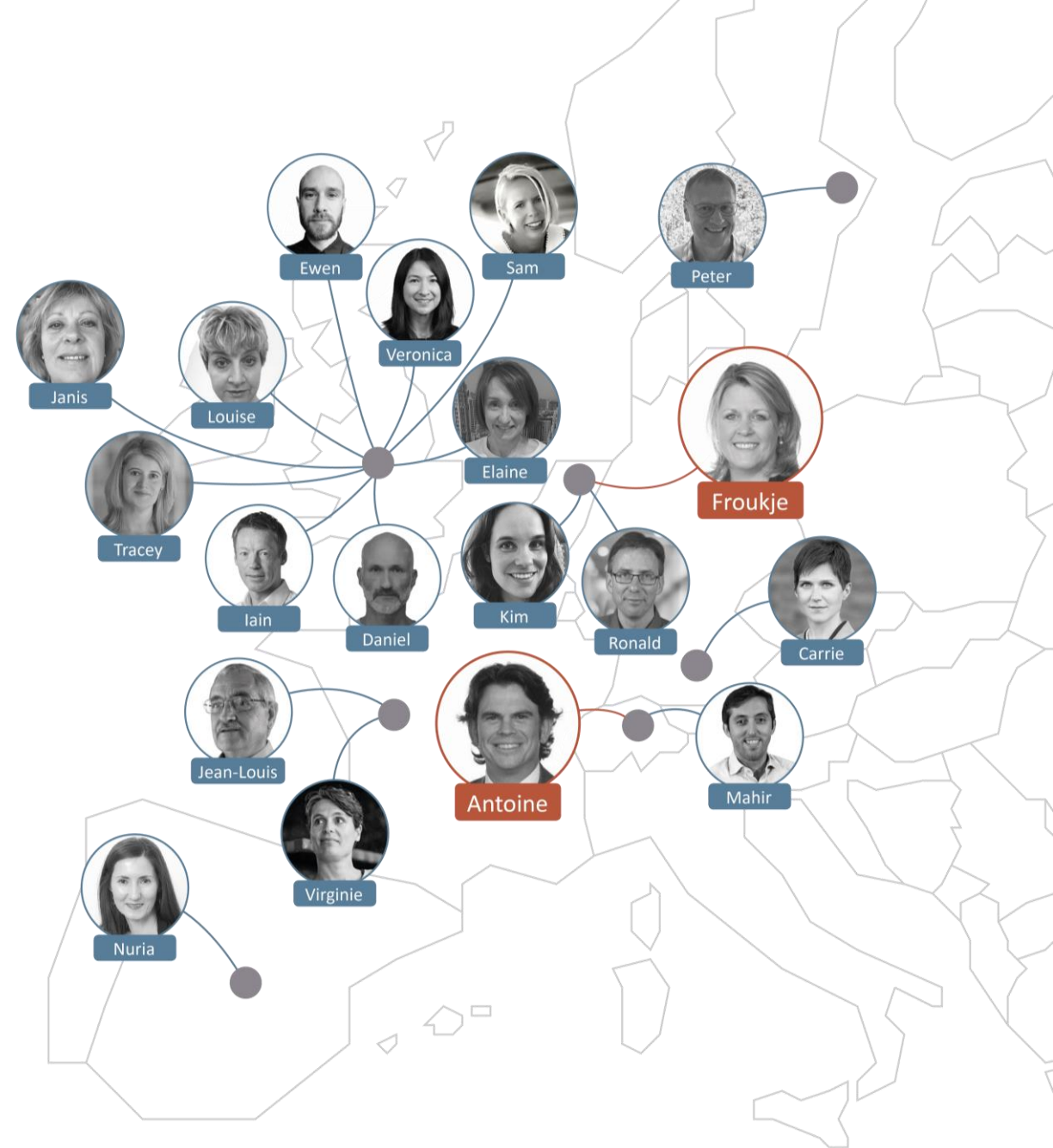
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